

**2010 CAL POLY POMONA
MEN'S TRACK & FIELD BEST LIST
FINAL**

					"A"	"B"
100 Meters	Yr	Time	Date	Place	10.35	10.60
Jonathan Williams	Sr	10.57	5/15	CSULA		X
Michael Hernandez	Sr.	11.37	5/27	NCAA		
Neil Macrorie	Jr	11.73	5/6	CCAA		
Connor Duckworth	Sr	11.77	3/20	USC		
Jacob Cummings	Fr	12.06	5/6	CCAA		
Anthony Drake	Sr	12.18	2/20	UCSD		
200 Meters	Yr	Time	Date	Place	21.00	21.45
Jonathan Williams	Sr	21.01	5/15	CSULA		X
Carter Griffin	Jr	21.43	4/24	CSULA		X
Jake Deavers	So	22.09	4/24	CSULA		
Corey Arnold	Jr	22.87	2/20	UCSD		
Matt Boudreau	Fr	23.01	4/24	CSULA		
Jorge Garcia	So	23.21	4/16	APU		
Connor Duckworth	Sr	23.64	4/10	PP		
Jacob Cummings	Fr	23.66	4/24	CSULA		
Neil Macrorie	Jr	23.77	4/24	CSULA		
400 Meters	Yr	Time	Date	Place	46.70	48.00
Carter Griffin	Jr	47.44	5/2	UCI		X
Corey Arnold	Jr	48.55	5/8	CCAA		
Jake Deavers	So	50.22	2/20	UCSD		
Jesus Santoyo	So	50.33	2/20	UCSD		
Jorge Garcia	So	50.91	4/10	PP		
Jonathan Williams	Sr	51.32	4/10	PP		
Neil Macrorie	Jr	51.36	5/6	CCAA		
Matt Boudreau	Fr	51.41	4/24	CSULA		
Victor Cuccia	Jr	52.25	2/20	UCSD		
Michael Hernandez	Sr	53.23	3/18	CSUN		
Jacob Cummings	Fr	54.13	4/10	PP		
800 Meters	Yr	Time	Date	Place	1:50.00	1:53.00
Victor Cuccia	Jr	1:56.12	3/28	UCLA		
Mariano Baez	Sr	1:59.26	5/7	CCAA		
1500 Meters	Yr	Time	Date	Place	3:46.00	3:53.00
Jose Marquez	Jr	4:00.56	4/19	APU		
Jersain Torres	Sr	4:00.96	2/20	UCSD		
Mariano Baez	Sr	4:05.14	4/19	APU		
Ryan Carrell	Fr	4:07.56	3/20	USC		
Matthew Prentice	Jr	4:13.01	2/20	UCSD		
Stephen Kent	Jr	4:22.20	2/20	UCSD		
Clark Selters	So	4:23.01	2/20	UCSD		
Jose Lara	Jr	4:23.94	2/20	UCSD		
Jacob Cummings	Fr	4:53.09	5/7	CCAA		
Michael Hernandez	Sr	5:02.01	3/19	CSUN		
Neil Macrorie	Jr	5:02.26	5/7	CCAA		
3000 Meters SC	Yr	Time	Date	Place	9:06.00	9:25.00
Jose Marquez	Jr	9:19.51	5/8	CCAA		X
5000 Meters	Yr	Time	Date	Place	14:00.00	14:45.00
Jersain Torres	Sr	14:55.26	3/6	CSUS		
Matthew Prentice	Jr	14:59.00	3/6	CSUS		

Ryan Carrell	Fr	15:16.31	3/6	CSUS
Stephen Kent	Jr	15:22.99	3/6	CSUS
Jose Lara	Jr	15:41.00	3/6	CSUS
Clark Selters	So	15:43.10	3/6	CSUS
Jose Marquez	Jr	15:49.79	5/8	CCAA
Chris Vordahl	Fr	16:07.00	3/6	CSUS

10000 Meters	Yr	Time	Date	Place	29:40.00	31.00.00
Matthew Prentice	Jr	31:36.10	3/28	UCLA		
Jose Lara	Jr	33:29.28	3/28	UCLA		
Clark Selters	So	33:53.92	3/28	UCLA		

110 Hurdles	Yr	Time	Date	Place	14.15	14.65
Jake Deavers	So	14.68	3/6	CSUS		
Neil Macrorie	Jr	15.39	5/6	CCAA		
Michael Hernandez	Sr.	15.41	3/18	CSUN		
Jacob Cummings	Fr.	16.24	4/24	CSULA		
Matt Boudreau	Fr	16.26	4/10	PP		

400 Hurdles	Yr	Time	Date	Place	52.00	54.00
Jake Deavers	So	53.33	4/10	PP		X
Matt Boudreau	Fr	55.91	5/8	CCAA		

4X100 Relay		Time	Date	Place	40.25	41.35
JW/CG/JD/MH		41.23	5/8	CCAA		X
		41.48	4/24	CSULA		
JD/CA/GC/JW		41.63	3/20	USC		

4X400 Relay		Time	Date	Place	3:10.00	3:15.00
CA/MB/JD/CG		3:13.56	5/15	CSULA		X
JD/CA/MB/CG		3:17.66	2/20	UCSD		
CA/JD/MB/CG		3:15.79	3/6	CSUS		
		3:19.87	4/24	CSULA		
MH/MB/JD/NM		3:26.40	4/10	PP		
JG/VC/JS/NM		3:27.69	3/6	CSUS		

High Jump	Yr	Height	Date	Place	7-0 1/4	6-8 3/4
Michael Hernandez	SR	6-1 1/2	3/19	CSUN		
Neil Macrorie	Jr	5-9 1/4	5/7	CCAA		
Jacob Cummings	Fr	5-7 1/4	2/20	UCSD		

Pole Vault	Yr	Height	Date	Place	16-10 3/4	15-11
Andrew Miller	Sr	15-11 3/4	5/15	CSULA		X
Michael Hernandez	Sr	15-1	3/18	CSUN		
Neil Macrorie	Jr	13-11 1/4	5/7	CCAA		
Anthony Drake	Sr	12-10	5/8	CCAA		
Jacob Cummings	Fr	9-4 1/4	5/7	CCAA		

Long Jump	Yr	Distance	Date	Place	24-7 1/4	23-5 1/2
Michael Hernandez	Sr	22-6 1/4	5/27	NCAA		
Jonathan Williams	Sr	22-4 1/4	3/6	CSUS		
Neil Macrorie	Jr	19-10 1/4	5/7	CCAA		
Jacob Cummings	Fr	19-9 1/2	2/27	CMS		
Connor Duckworth	Sr	19-0 3/4	5/7	CCAA		

Triple Jump	Yr	Distance	Date	Place	50-2 1/2	47-7
Michael Hernandez	Sr	45-7 1/4	4/24	CSULA		

Shot Put	Yr	Distance	Date	Place	56-1 1/4	52-2
James Cox	Fr	45-1 1/2	5/8	CCAA		

Shane Cioni	Fr	42-4	2/20	UCSD
Michael Hernandez	Sr	38-0 1/4	5/15	CSULA
Neil Macrorie	Jr	33-8	2/20	UCSD
Jacob Cummings	Fr	27-2	5/6	CCAA

Discus	Yr	Distance	Date	Place	173-11	160-1
Shane Cioni	Fr	144-11	5/8	CCAA		
James Cox	Fr	140-6	4/10	PP		
Michael Hernandez	Sr	118-1	3/18	CSUN		
Neil Macrorie	Jr	114-4	5/6	CCAA		
Jacob Cummings	Fr	73-6	5/6	CCAA		

Javelin	Yr	Distance	Date	Place	208-4	193-7
Andrew Miller	Sr	174-3	5/8	CCAA		
Michael Hernandez	Sr	160-10	5/8	CCAA		
Neil Macrorie	Jr	148-11	3/20	USC		
Jacob Cummings	Fr	81-5 3/4	5/7	CAA		

Hammer	Yr	Distance	Date	Place	196-10	178-10
Shane Cioni	Fr	135-4	5/7	CCAA		
James Cox	Fr	114-9	3/6	CSUS		

Decathlon	Yr	Points	Date	Place	6900	6300
Michael Hernandez	Sr	6,654	3/18-19	CSUN		X
Neil Macrorie	Jr	6,234	5/6-7	CCAA		
Jacob Cummings	Fr	4,698	5/6-7	CCAA		

Team Result

2/20 @ UC San Diego
 2/27 @ Rossi Relays, Claremont-Mudd-Scipps
 3/6 @ Kim Duyst Invite, CSU Stanislaus
 3/18-19 @ CSUN Multis, CSU Northridge
 3/21 @ Trojan Invitational, USC
 3/27/28 @ Cal-Nevada, UCLA
 4/10 @ Pomona-Pitzer Invite, Pomona
 4/16 @ Bryan Clay Invite, Azusa Pacific
 4/24 @ Tiny Lister (CSULA)
 5/2 @ Steve Scott Invite (UCI)
 5/6-8 @ CCAA (UCSD)
 5/15 @ CSULA Last Chance
 5/27-29 @ NCAA Championships (Charlotte, N.C.)