



Bronco Cross Country



CAL POLY POMONA
380I W. Temple Ave.
Pomona, CA 91768-4079

FOR IMMEDIATE RELEASE

Date: Monday, November 9, 2009

Broncos place 5th in NCAA Regional races

This week: Season completed

Torres earns West Region honors: Both Cal Poly Pomona cross country teams finished fifth in Saturday's NCAA West Regional, competed at Speedway Meadows in venerable Golden Gate Park.

The women's team finished with 197 points. Senior **Tiffany Turner** was the top Bronco as she completed the 6,000-meter layout in 21 minutes, 53.8 seconds. She was followed by junior **Amber Hebb**, who ran a personal-best and finished 30th (22:34.2) and junior **Elizabeth Soria**, 35th (22:51.0).



Jersain Torres

Junior **Sarah Garcia** placed 55th (23:21.7), freshman **Tiffany Dinh**, 58th (23:23.1), senior **Denise Salceda**, 102nd (24:20.2) and freshman **Lauren Parr**, 122nd (24:55.9).

The University of Alaska Anchorage won the meet with 35 points. CCAA champion Chico State was second (58) and Seattle Pacific, third with 75 points. Western Washington was fourth with 121 points.

The top four women's teams advance to the NCAA Championships on Nov. 21 in Evansville, Ind.

Senior **Jersain Torres** was the top Bronco male runner, as he earned West Region honors with his 13th-place finish. The Anaheim native ran the 10,000-meter race in 31:45.8 and led the Broncos with 129 points.

Junior **Matt Prentice** was second for CPP (16th – 31:53.1) and senior **Mariano Baez** completed his four-year career, placing 22nd (32:23.1).

Other Broncos were: junior **Jose Marquez** (39th – 33:25), junior **Stephen Kent** (42nd—33:18.4) and junior **Jose Lara** (55th – 33:55.3).

Chico State won the event with 42 points and Western Washington followed with 74. Alaska Anchorage was third with 96 points and Western Oregon, fourth with 105 points.

The top three men's teams advance to the NCAA championships.

Congratulations Matt: Junior **Matt Prentice** was named the California Collegiate Athletic Association Male Cross Country Athlete of the Week, for the week of Oct. 4-10.

Prentice earned the honor by virtue of his runner-up finish at UCSD. The Lake Arrowhead native covered the 10,000-meter layout in 31:59.6 (5:09 mile/split) as No. 18 CPP won the event with 29 points, its second team title this year.

SPORTS INFORMATION OFFICE

Mark Reinhiller, Director
(909) 869-2812

Fax (909) 869-2814

E-mail: mtreinhiller@csupomona.edu

<http://www.broncoathletics.com>

2009 Men's and Women's Cross Country Schedule/Results

| | |
|----------|---------------------------------------------------------------------------------------------------------|
| Sept. 5 | at CSU Fullerton (men – 1 st , women – 11 th) |
| Sept. 19 | at UC Riverside (men – 5 th , women – 15 th) |
| Sept. 26 | at Stanford (men – 9 th , women – 17 th) |
| Oct. 3 | at Pomona Pitzer (men – 6 th , women – no team score) |
| Oct. 10 | at UCSD Triton Invite (men – 1 st , women – 5 th) |
| Oct. 24 | at CCAA Championships (men – 2 nd , women – 3 rd) |
| Nov. 7 | at NCAA West Regional (Golden Gate Park, SFSU) (men – 5 th , women – 5 th) |

USTFCCC Poll National Rankings

| | <u>Men</u> | <u>Women</u> |
|----------------|------------|--------------|
| Week 1 (9/16) | NR | NR |
| Week 2 (9/23) | 19 | NR |
| Week 3 (9/30) | 18 | NR |
| Week 4 (10/7) | 18 | NR |
| Week 5 (10/14) | 15 | NR |
| Week 6 (10/21) | 15 | NR |
| Week 7 (10/28) | 16 | NR |
| Week 8 (11/4) | 17 | NR |

West Region Rankings

| | <u>Men</u> | <u>Women</u> |
|----------------|------------|--------------|
| Week 1 (9/15) | 5 | NR |
| Week 2 (9/22) | 4 | 7 |
| Week 3 (9/29) | 4 | 6 |
| Week 4 (10/6) | 4 | 6 |
| Week 5 (10/13) | 3 | 7 |
| Week 6 (10/20) | 3 | 7 |
| Week 7 (10/27) | 3 | 6 |
| Week 8 (11/3) | 3 | 7 |

It was **Prentice's** second top-10 finish this season; he was sixth in the season opener at CSU Fullerton.

Congratulations Jersain: Senior **Jersain Torres** was named the California Collegiate Athletic Association Male Cross Country Athlete of the Week, for the week of Sept. 13-19.

Torres' time at UC Riverside was the best finish of any CCAA runner this past weekend. His split time in the 8000-meter race (4.9 miles) was 4:59/mile.

It was **Torres'** second top 20 finish this season and his sixth in his two-year career at CPP. The CCAA honor was **Torres'** third in his career – more than any other current Bronco student-athlete.

Torres also was named the September Enterprise Athlete of the Month at CPP. It was his third career honor.

2009 Cal Poly Pomona All-CCAA Performers

| Men | Place | Time |
|----------------|------------------|---------|
| Jersain Torres | 3 rd | 25:01.3 |
| Matt Prentice | 5 th | 25:09.8 |
| Mariano Baez | 9 th | 25:38.4 |
| Stephen Kent | 13 th | 25:50.6 |

| Women | Place | Time |
|----------------|------------------|---------|
| Tiffany Turner | 6 th | 22:41.6 |
| Amber Hebb | 9 th | 23:03.6 |
| Tiffany Dinh* | 17 th | 23:42.2 |

*-Freshman of the Year

Meet the Coach: Troy Johnson (Utah State '94) completed his third season as head coach for cross country. In 2008-09, Johnson's teams stood out in both cross country and track and field. The Broncos had four All-CCAA athletes in cross country with male newcomer of the year **Jersain Torres** and freshman of the year **Clint Hostetler**. In track and field, sprinter **Jonathan Williams** (100 meters) and **Tiffany Turner** (3,000-meter steeplechase) earned All-American honors at the NCAA Division II meet in San Angelo, Texas, as eight Broncos competed in the event. The Johnson era began in earnest in 2007-08. Seven Broncos earned a place in the NCAA Division II Outdoor Track and Field Championships, hosted by Cal Poly Pomona at Mt. SAC. Long jumper **Jasmine Winn** became Johnson's first all-American while at CPP as she placed third in the event. **Alberto Diaz** earned CCAA Cross Country freshman of the Year honors in 2007.

CPP ALL-TIME TOP PERFORMERS

Men

10,000 Meters (Top 15)

| | | |
|-----------------|---------|--------------------------------------|
| Stephane Franke | 29:25.6 | NCAA National (McKinleyville) 1990 |
| Tony Reyes | 30:08.0 | NCAA Regional (Riverside) 1982 |
| Matt Blaty | 30:16.0 | NCAA Regional (Riverside) 1982 |
| Gary Borbon | 30:33.0 | NCAA Regional (Riverside) 1982 |
| Steve Perez | 30:45.2 | NCAA National (Clinton, Miss.) 1984 |
| Jeffery Gilkey | 30:58.5 | NCAA National (McKinleyville) 1990 |
| Jaime Ortega | 31:01.7 | NCAA National (McKinleyville) 1990 |
| Eddie Toro | 31:08.1 | Aztec Invitational (San Diego) 1988 |
| Gerardo Rabelo | 31:09.5 | NCAA National (Pensacola, Fla.) 2006 |
| Rondie Gibbs | 31:18.1 | NCAA Regional (Pomona) 1997 |
| Jose Rangel | 31:24.1 | NCAA Regional (Pomona) 1997 |
| Jeff Gann | 31:26.1 | NCAA National (McKinleyville) 1990 |
| Brad Clary | 31:29.0 | Aztec Invitational (San Diego) 1985 |
| Cliff Curtis | 31:30.0 | NCAA Regional (McKinleyville) 1995 |
| Mike Parker | 31:36.0 | Aztec Invitational (San Diego) 1985 |

Women

6,000 Meters (Top 15)

| | | |
|------------------------|----------------|-------------------------------------------|
| Tiffany Turner | 21:45.1 | CCAA Championship (CSUSB) 2008 |
| Claudia Garcia | 22:00.0 | NCAA Regional (Boise) 2007 |
| Adrienne Schumm | 22:18.0 | NCAA Regional (Boise) 2007 |
| Elizabeth Soria | 22:22.0 | CCAA Championship (Turlock) 2007 |
| Christina Jimenez | 22:28.9 | CCAA Championship (Chico) 2003 |
| Shawna Winfrey | 22:30.9 | CCAA Championship (Bakersfield) 2002 |
| Amber Hebb | 22:34.2 | NCAA Regional (San Francisco) 2009 |
| Natalie Miano-Batres | 22:36.0 | CCAA Championship (San Francisco) 2005 |
| Monica Valdez | 22:37.0 | CCAA Championship (San Francisco) 2005 |
| Jayne Ambos | 22:40.4 | CCAA Championship (Chico) 2003 |
| Jamie Ray | 22:44.0 | CCAA Championship (San Francisco) 2005 |
| Whitney Hurley | 22:48.1 | NCAA Regional (Chico) 2006 |
| Sarah Garcia | 23:11.0 | Stanford Invitational (2009) |
| Katie Price | 23:13.8 | CCAA Championship (Bakersfield) 2002 |
| Tiffany Dinh | 23:18.0 | Stanford Invitational (2009) |

(Bold indicates current Broncos)

2009 Men's Cross Country Schedule/Results
Cal Poly Pomona
As of Oct. 26, 2009

| Date | Place | Result (points) |
|-------------|-----------------------|------------------------|
| 09/05/09 | CS Fullerton Opener | 1/19 (69) |
| 09/19/09 | UC Riverside Invite | 5/30 (177) |
| 09/26/09 | Stanford Invitational | 9/18 (275) |
| 10/03/09 | Pomona Pitzer Invite | 6/11 (180) |
| 10/10/09 | Triton Invitational | 1/8 (29) |
| 10/24/09 | CCAA Championships | 2/7 (53) |
| 11/07/09 | NCAA West Regional | 5/19 (129) |

| Name | Event | Result* | Time | Distance |
|-------------------------------------|---------------|----------------|-------------|-----------------|
| Mariano Baez Senior | CS Fullerton | 24/213 (20) | 26:54.3 | 8,000 m |
| | UCR | 60/343 (49) | 25:42.2 | 8,000 m |
| | Stanford | 72/169 (62) | 25:49.0 | 8,000 m |
| | Triton Invite | 8/84 (7) | 33:16.9 | 10K |
| | CCAA | 9/68' | 25:38.4 | 8,000 m |
| | NCAA Regional | 22/131 | 32:23.1 | 10K |
| Luis Briseno Sophomore | CS Fullerton | 139/213 | 29:22.1 | 8,000 m |
| | UCR | 215/343 | 27:48.1 | 8,000 m |
| | Pomona Pitzer | 62/110 (39th) | 28:24.4 | 8,000 m |
| | Triton Invite | 50/84 | 36:23.0 | 10K |
| Ryan Carrell Freshman | CS Fullerton | 23/213 (19) | 26:52.0 | 8,000 m |
| | UCR | 163/343 | 27:10.4 | 8,000 m |
| Victor Cuccia Junior | CS Fullerton | 80/213 | 28:08.7 | 8,000 m |
| | UCR | 208/343 | 27:46.8 | 8,000 m |
| | Pomona Pitzer | 20/110 (18th) | 26:57.0 | 8,000 m |
| Mario Flores Freshman | UCR | 264/343 | 28:57.0 | 8,000 m |
| Clint Hostetler Sophomore | CS Fullerton | 64/213 (56) | 27:50.5 | 8,000 m |
| | UCR | 65/343 (53) | 25:46.5 | 8,000 m |
| | Stanford | 109/169 (89) | 26:20.0 | 8,000 m |
| | Triton Invite | 18/84 (16) | 34:22.0 | 10K |
| Stephen Kent Junior | CS Fullerton | 27/213 (23) | 26:58.1 | 8,000 m |
| | UCR | 66/343 (54) | 25:47.8 | 8,000 m |
| | Stanford | 52/169 (47) | 25:00' | 8,000 m |
| | Triton Invite | 5/84 (5) | 32:18.7 | 10K |
| | CCAA | 13/68 | 25:50.6 | 8,000 k |
| | NCAA Regional | 42/131 | 33:18.4 | 10K |

| | | | | |
|-----------------------------------|---------------|---------------|-----------|---------|
| Jose Lara Junior | CS Fullerton | 65/213 | 27:51.9 | 8,000 m |
| | UCR | 98/343 | 26:12.6 | 8,000 m |
| | Stanford | 116/169 (92) | 26:27.0 | 8,000 m |
| | Triton Invite | 15/84 (13) | 34:11.6 | 10K |
| | CCAA | 26/68 | 26:57.5 | 8,000 k |
| | NCAA Regional | 55/131 | 33:55.3 | 10K |
| Chris Lim Freshman | CS Fullerton | 193/213 | 31:36.1 | 8,000 m |
| | UCR | 297/343 | 29:53.4 | 8,000 m |
| | Pomona Pitzer | 97/110 | 31:27.7 | 8,000 m |
| Jose Marquez Junior | CS Fullerton | 28/213 (24) | 26:59.1 | 8,000 m |
| | UCR | 53/343 (42) | 25:34.3 | 8,000 m |
| | Stanford | 141/169 (110) | 27:05.0 | 8,000 m |
| | Triton Invite | 13/84 (11) | 33:51.4 | 10K |
| | CCAA | 26/68 | 26:48.7 | 8,000 m |
| | NCAA Regional | 39/131 | 33:12.5 | 10K |
| Alejandro Mendez Junior | CS Fullerton | 101/213 | 28:36.9 | 8,000 m |
| | UCR | 166/343 | 27:13.6 | 8,000 m |
| | Pomona Pitzer | 58/110 (47th) | 28:15.4 | 8,000 m |
| Michael Najera Junior | UCR | 58/343 (47) | 25:41.0 | 8,000 m |
| | Stanford | 143/169 | 27:08.0 | 8,000 m |
| Matt Prentice Junior | CS Fullerton | 6/213 (4) | 26:03.1 | 8,000 m |
| | UCR | 27/343 (21) | 25:01.3 | 8,000 m |
| | Stanford | 59/169 (52) | 25:39.0 | 8,000 m |
| | Triton Invite | 2/94 (2) | 31:59.6 | 10K |
| | CCAA | 5/68' | 25:09.8 | 8,000 m |
| | NCAA Regional | 16/131 | 31:53.1 | 10K |
| Brian Roser Senior | CS Fullerton | 163/213 | 29:56.1 | 8,000 m |
| | Pomona Pitzer | 84/110 (64) | 29:36.01' | 8,000 m |
| | Triton Invite | 71/84 | 38:16.2 | 10K |
| Clark Selters Sophomore | CS Fullerton | 149/213 | 29:32.6 | 8,000 m |
| | UCR | 135/343 | 26:46.1 | 8,000 m |
| | Pomona Pitzer | 71/110 (56) | 28:51.0 | 8,000 m |
| Jersain Torres Senior | CS Fullerton | 5/213 (3) | 26:00.9 | 8,000 m |
| | UCR | 20/343 (18) | 24:48.0 | 8,000 m |
| | Stanford | 29/169 (25) | 25:00' | 8,000 m |
| | Triton Invite | 4/84 (4) | 32:18.7' | 10K |
| | CCAA | 3/68' | 25:01.3' | 8,000 m |
| | NCAA Regional | 13/131 | 31:45.8' | 10K |

| | | | | |
|-------------------|---------------|---------------|---------|---------|
| Rene Vidal | CS Fullerton | 90/213 | 28:21.7 | 8,000 m |
| Freshman | UCR | 185/343 | 27:28.2 | 8,000 m |
| | Pomona Pitzer | 49/110 (39th) | 28:06.0 | 8,000 m |
| | Triton Invite | 35/84 | 35:24.5 | 10K |

| | | | | |
|----------------------|---------------|---------------|-----------|---------|
| Chris Vordahl | CS Fullerton | 112/213 | 28:54.1 | 8,000 m |
| Freshman | UCR | 177/343 | 27:23.0' | 8,000 m |
| | Pomona Pitzer | 31/110 (26th) | 27:30.12' | 8,000 m |
| | Triton Invite | 37/84 | 35:26.5' | 10K |

2009 Women's Cross Country Results
Cal Poly Pomona
As of Nov. 9, 2009

| Date | Place | Result (points) |
|-------------|----------------------|------------------------|
| 09/05/09 | CS Fullerton Opener | 11th/26 (305) |
| 09/19/09 | UC Riverside Invite | 15th/27 (408) |
| 09/26/09 | Stanford Invite | 17th/22 (426) |
| 10/03/09 | Pomona Pitzer Invite | no score |
| 10/10/09 | Triton Invitational | 5/13 (95) |
| 10/24/09 | CCAA Championships | 3/11 (91) |
| 11/07/09 | NCAA West Regional | 5/25 (197) |

| Name | Place | Result* | Time | Distance |
|-------------------------------------|--------------------|----------------|-------------|-----------------|
| Victoria Bateman Freshman | CS Fullerton | 176/263 (134) | 27:38.9 | 5,000 m |
| Tiffany Dinh Freshman | UCR | 113/217 (103) | 18:51.9 | 5,000 m |
| | Stanford | 96/179 (85) | 23:18.0 | 6,000 m |
| | Triton Invite | 33/122 (31) | 23:57.5 | 6,000 m |
| | CCAA | 17/100 (16) | 23:42.2 | 6,000 m |
| | NCAA Regional | 58/161 | 23:23.1 | 6,000 m |
| Sarah Garcia Junior | CS Fullerton | 56/263 (50) | 24:41.1 | 5,000 m |
| | UCR | 111/217 (102) | 18:51.6 | 5,000 m |
| | Stanford | 93/179 (82) | 23:11.0 | 6,000 m |
| | Triton Invite | 26/122 (24) | 23:43.0 | 6,000 m |
| | CCAA | 25/100 (23) | 24:04.7 | 6,000 m |
| | NCAA West Regional | 55/161 | 23:21.7 | 6,000 m |
| Amber Hebb Junior | CS Fullerton | 42/263 (36) | 24:17.2 | 5,000 m |
| | UCR | 42/217 (41) | 17:55.7 | 5,000 m |
| | Stanford | 101/179 (89) | 23:21.0 | 6,000 m |
| | Triton Invite | 8/122 (8) | 22:44.9 | 6,000 m |
| | CCAA | 9/100 | 23:03.4 | 6,000 m |
| | NCAA Regional | 30/161 | 22:34.2 | 6,000 m |
| Ayn Learn Senior | CS Fullerton | 259/263 | 34:42.0 | 5,000 m |
| | UCR Open | 151/166 | 24:11.6 | 5,000 m |
| | Pomona Pitzer | 115/117 | 31:35.72' | 6,000 m |
| Denise Lopez Junior | CS Fullerton | 229/263 | 30:28.7 | 5,000 m |
| | UCR Open | 154/166 | 24:41.7 | 5,000 m |
| | Pomona Pitzer | 105/117 | 29:17.35' | 6,000 m |
| | Triton Invite | 105/122 | 28:50.6 | 6,000 m |
| Julia Manzo | CS Fullerton | 232/263 | 30:34.4 | 5,000 m |

| | | | | |
|-----------------------------------|--------------------|---------------|-----------|---------|
| Junior | UCR Open | 139/166 | 23:15.2 | 5,000 m |
| | Pomona Pitzer | 97/117 | 28:29.17' | 6,000 m |
| | Triton Invite | 99/122 | 28:10.5' | 6,000 m |
| Johanna Murray Freshman | UCR Open | 85/166 | 20:46.8 | 5,000 m |
| | Pomona Pitzer | 61/117 | 26:07.5' | 6,000 m |
| | Triton Invite | 77/122 | 26:23.7' | 6,000 m |
| | CCAA | 70/100 | 25:57.9' | 6,000 m |
| Lauren Parr Freshman | CS Fullerton | 140/263 (112) | 26:42.9 | 5,000 m |
| | UCR | 175/217 (155) | 19:49.3 | 5,000 m |
| | Stanford | 166/179 (139) | 25:07.0 | 6,000 m |
| | Triton Invite | 45/122 (39) | 24:39.8 | 6,000 m |
| | CCAA | 42/100 (37) | 24:45.9' | 6,000 m |
| | NCAA Regional | 122/161 | 24:55.9 | 6,000 m |
| Denise Salceda Senior | CS Fullerton | 95/263 (83) | 25:44.0 | 5,000 m |
| | UCR | 109/271 (100) | 18:50.7 | 5,000 m |
| | Stanford | 163/179 (137) | 25:00.0 | 6,000 m |
| | Triton Invite | 46/122 (40) | 24:40.6 | 6,000 m |
| | CCAA | 57/100 (49) | 25:15.5' | 6,000 m |
| | NCAA Regional | 102/161 | 24:20.2 | 6,000 m |
| Elizabeth Soria Junior | CS Fullerton | 39/263 (33) | 24:12.3 | 5,000 m |
| | UCR | 120/217 (110) | 18:59.9 | 5,000 m |
| | Stanford | 132/179 (112) | 23:56.0 | 6,000 m |
| | Triton Invite | 27/122 (25) | 23:44.4 | 6,000 m |
| | CCAA | 46/100 (40) | 24:52.1' | 6,000 m |
| | NCAA West Regional | 35/161 | 22:51.0 | 6,000 m |
| Tiffany Turner Senior | UCR | 63/217 (62) | 18:11.3 | 5,000 m |
| | Stanford | 65/179 (58) | 22:35.0 | 6,000 m |
| | Triton Invite | 7/122 (7) | 22:37.6 | 6,000 m |
| | CCAA | 6/100 | 22:41.6' | 6,000 m |
| | NCAA Regional | 19/161 | 21:53.8 | 6,000 m |
| Lauren Wong Senior | CS Fullerton | 125/263 (103) | 26:20.1 | 5,000 m |